



<b>Seacoast Basketball League</b> (Stratham, E. Kingston, Kensington, Brentwood, N. Hampton, Rye & Exeter)	
<b>Winter Sports Protocols 2021/22</b>	
General Health and Safety Precautions	<p>If you feel sick, stay home. Individuals are asked to self-screen at home prior to arrival at the gyms.</p> <p>Based on the current level of community transmission of COVID-19 in Rockingham County, face masks are required while indoors at SAU facilities &gt;  <a href="https://www.covid19.nh.gov/dashboard/map">https://www.covid19.nh.gov/dashboard/map</a></p>
Masks – Players and Spectators	<p>We will follow the current health and safety protocols and masks wearing guidelines that we are following in schools, Based on the current level of community transmission, Rockingham County is in the “red” (i.e. substantial transmission). Masks will be required in the gyms for athletes and spectators. <b><i>Please provide your child with two (2) face masks for practices and games.</i></b></p>
Hydration	<p>Athletes will be required to provide their own water/sports drink for practices and games. Athletes should NOT be sharing water bottles.</p>
Personal Sanitization / Cleaning	<p>Sanitizer will be readily available at all gym locations.</p>